



About the Constitutional Amendments

General Assembly May 21, 2026

Both of the proposed amendments are technical changes designed to facilitate more efficient governance.

Amendment #1 Updating the Agenda

Overview: The constitution currently sets forth a specific agenda that does not allow flexibility to adapt the meeting to best deliver information to our members based on considerations such as the timing of the General Assembly. This amendment would update Section 8: The Conduct of the General Assembly to require certain topics to be addressed during the course of the meeting without prescribing the order of discussion.

Current Text

Section 8. The Conduct of the General Assembly

The agenda of the General Assembly (GA) is:

1. Roll Call of Delegates
2. Accept the agenda
3. Executive committee reports
 1. President
 2. Vice President
 3. Secretary General
 4. Treasurer
 5. Law and Legislation Chair
4. Regional Director reports
5. Committee reports
 1. Discipline Committee
 2. Technical Committee
 3. Athletes' Committee (two co-chairs shall be elected to staggered terms)
6. Unfinished Business
7. Proposals and Amendments
8. Elections



1. Election of the members of the Executive Committee serving staggered terms, for a term of four (4) years. No individual shall serve more than three terms in an officer position. Elections shall occur in even-numbered years.
 2. Election of standing Committee Chairs for terms of four (4) years serving staggered terms. Committee chair elections shall occur in odd-numbered years. No individual shall serve more than three terms as a committee chair of the same committee.
9. New Business
10. Adjournment

Revised Text

8. The Conduct of the General Assembly

The General Assembly (GA) will address the following topics in an order determined by the Executive Committee and best suited to communicate information to members.

- Reports from the executive committee, regional directors, and standing committees
- Elections
- Proposals and amendments
- Additional business topics
- Questions from members

Amendment #2

Overview: The constitution currently gives the Disciplinary Committee exclusive authority to establish sanctions related to disciplinary or ethical infractions. Powerlifting America has established a new Ethics Committee to focus on ethical questions while the Disciplinary Committee will oversee infractions related to the member code of conduct and other issues. This proposed change would enable the Ethics Committee to establish sanctions for ethical infractions while the Disciplinary Committee would establish sanctions for code of conduct and other issues.

Edits are shown to the original text in strikethrough (for deletion) and bold (for additions)

15. Standing Committees

Disciplinary Committee



The chairperson shall be elected at the General Assembly. Additional members shall be appointed by the Board of Directors for renewable four (4) year terms. The committee rules on all disciplinary or ethical infractions of the members of Powerlifting America, except anti-doping rule violations, and shall oversee the disciplinary proceedings and impose penalties. The Committee has the **exclusive** authority to impose discipline for violations other than anti-doping violations **and ethical considerations falling under the jurisdiction of the Ethics Committee**. There shall be a right of appeal from any discipline imposed by the Disciplinary Committee to the Appeals Commission. The Appeals Commission shall be the Board of Directors, which has authority to overturn or modify discipline imposed by the Disciplinary Committee.